

Happy Mother's Day

Whilst I hope everybody had a good weekend whilst umpiring, we did take time out to spend time with mum or remember your mum in your own special way.

This Saturday we had 23 umpires double up across our senior football fixtures. Thank you for your support of umpiring in the WRFL, it was one of those weekends, so let us hope things are better this week.

This week we have a field umpires coaching session after training which will commence at 6.30pm, finishing training earlier so we are finished by 7.30pm at the latest. Goal and boundary training sessions, as normal.

There is NO MacKillop academy on Monday due to MacKillop obligations.

Peter Howe's 3 umpire coaching session:

- Recording: <https://youtu.be/-d9I7-iNDHw>
- Theory: [PlayBook Module – 3 umpire positioning](#)
- Summary Notes:

Thanks for your contribution during the coaching session. Please see the 3-umpire document attached that formed the basis of our discussion. Remember a few points we made:

- 1. The best team is the one that is predictable. Know your starting positions.*
- 2. Be in a position to influence the contest*
- 3. Support your teammates by encouraging them to get into the correct position at a stoppage*
- 4. Remember your positioning also depends on the size of the ground, weather conditions and pregame discussion with teammates. However, this document should form the basis of your positioning*
- 5. Enjoy your umpiring*

I am happy to have a chat with you if you are unsure of anything we discussed.

Regards

Peter Howe - 0417 100 584

Week Commencing Monday	Monday	Tuesday	Thursday	Weekend
10 May	NO MacKillop Academy training	Training	Training-Skills Field umpires coaching session 6.30-7.30pm	
17 May	MacKillop Academy for MacKillop students only 3.30-4.30pm	Training	Training-Skills	

See you on the track

Mark