

Hi All

This week we have training at Altona Beach on Monday, please meet at Altona pier at the end of Pier St Altona at 6pm. We will be doing a 4km run along the foreshore. Wednesday night we have training back at Hanmer at 5.45pm with a field umpires coaching session commencing at 6.45pm. We will be looking at holding the ball, so an excellent session to sharpen your skills leading into the 2022 season.

With no masks or density limits this will allow more interaction in the coaching session. However, whilst COVID restrictions have been eased it is very important that if you are feeling ill, do not come to training or coaching sessions. We need to support each other throughout the season.

The academies commence on Monday at 4pm until 5pm:

- Hoppers Crossing: Hoppers Crossing Football Club Oval 2 - Hogans Road, Hoppers Crossing
- Point Cook: Dunnings Road Reserve - Dunnings Road, Point Cook
- MacKillop College: Mary MacKillop Drive - Rear Oval, Werribee
If attending MacKillop College, please meet on the oval at the rear of the school.

If you know someone that wants to Come and Try umpiring, please encourage them to attend one of the academies or come along to Hanmer training on Wednesday's.

Next week's email will not occur until Monday given the long weekend next weekend.

See you on the track

Mark

Monday	Tuesday	Wednesday	Thursday
<i>7 Mar</i> Altona Beach 6pm Academies Commence 4pm	<i>8 Mar</i>	<i>9 Mar</i> Training Hanmer 5.45pm Field Coaching Session 6.45pm	
<i>14 Mar</i> Labour Day – No training	<i>15 Mar</i>	<i>16 Mar</i> Training Hanmer 5.45pm Boundary Coaching Session 6.45pm	
<i>21 Mar</i> Academies 4pm Training Hanmer 5.45pm Goal Coaching Session 6.30pm	<i>22 Mar</i>	<i>23 Mar</i> Training Hanmer 5.45pm Field Coaching Session 6.45pm	
<i>Change over from pre-season to in-season</i>			
<i>28 Mar</i> Academies 4pm	<i>29 Mar</i> Training Hanmer 5.45pm	<i>30 Mar</i>	<i>31 Mar</i> Training Hanmer 5.45pm Whole Group Coaching Session 7pm