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One Vest. All Sports.
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#### The most advanced impact protection vests for females





#### Features & Benefits

#### Youth Vest

- Specifically designed for girls who play contact sport
- Comfortable and non-restrictive
- Extremely lightweight at 100g, and flexible
- Chest, breast and rib coverage for optimal protection
- Patented injected moulding contours to the body
- Mesh razorback for breathability
- Protecting the next generation of athletes, suitable for ages 8-13
- Designed and developed in Australia

#### Zena Z1 Vest

- Designed specifically for females to protect against rib and breast injury
- Multi-axis design enabling flexibility
- Extremely lightweight, weighing only 160g
- Inverted zip to easily get on and off
- Patented mouldings to meet the highest standard of collision and impact retention
- Microban Antimicrobial Protection to prevent bacterial build up in the fabric
- Silicon seams prevent garment creeping
- GPS pocket for elite player tracking
- Suitable for ages 12+
- Designed and developed in Australia

Get protected today www.zenasport.co.

Tested and supported by:

Officially Licensed Product of:

Proud Partners of:

















## JUNIELS



#### READY THE PLAY ROUND 2022

READ THE PLAY ROUND IS BACK IN 2022, WITH CLUBS ACROSS THE WESTERN REGION FOOTBALL LEAGUE SET TO TAKE PART.

THE ANNUAL ROUND, WHICH IS PLAYED UNDER 16 LEVEL, AIMS TO HIGHLIGHT THE IMPORTANCE OF LOOKING AFTER YOUR MENTAL HEALTH, INCREASING YOUR HELP SEEKING BEHAVIORS, IDENTIFYING SUPPORT SERVICES, AND INCREASING YOUR KNOWLEDGE OF WHERE TO SEEK HELP.

ONE IN FOUR YOUNG PEOPLE ARE IMPACTED BY MENTAL ILLNESS IN ANY GIVEN YEAR AND ONE IN THREE YOUNG PEOPLE WITH MENTAL HEALTH ISSUES DON'T SEEK PROFESSIONAL HELP, WITH MANY NOT KNOWING WHAT HELP IS AVAILABLE TO THEM.

READ THE PLAY IS A UNIQUE PROGRAM
THAT USES YOUNG PEOPLE'S ENGAGEMENT
WITH SPORT AND CONNECTION TO THEIR
LOCALCLUB TO DELIVER IMPORTANT
MESSAGESTHAT IMPROVE MENTAL HEALTH
LITERACY AND KNOWLEDGE ABOUT WHERE
TO SEEK HELP FOR MENTAL HEALTH
PROBLEMS.

"READ THE PLAY ROUND IS A GREAT OPPORTUNITY TO HIGHLIGHT THE IMPORTANCE OF LOOKING AFTER THE MENTAL HEALTH OF TEENAGERS ACROSS THE REGION," MICHAEL PARKER, READ THE PLAY INC CEO SAID.



"WE KNOW THE VITAL ROLE SPORTING CLUBS PLAY IN THE LIVES OF YOUNG FOOTBALLERS AND NETBALLERS, AND ARE THRILLED WITH THE WILLINGNESS OF CLUBS AND LEAGUES TO INTRODUCE THE READ THE PLAY PROGRAM FOR THEIR PLAYERS."

FOR MORE INFORMATION ON HOW YOU CAN GET INVOLVED WITH READ THE PLAY, CONTACT DAVID MACKIN ON 0428 075 435 OR VIA DAVIDM@KEMPE.COM.AU.







## JUNIER REMS



#### WRFL SPIRIT OF THE GAME

SPIRIT OF THE GAME - A COLLECTIVE RESPONSIBILITY SCORING MODEL

THIS SCORING MODEL AIMS TO ADDRESS THE ISSUE OF UN-SPORTSPERSON LIKE BEHAVIOUR BY HOLDING TEAMS ACCOUNTABLE THROUGH AN EVALUATION OPTIONS WHICH RATES THE SPIRIT OF EACH TEAM.

SPIRIT IS A STAR RATING (5 STARS FOR EXCELLENT TO 1 STAR FOR POOR) OF EACH TEAM'S SPIRIT OF THE GAME.

FOR THE MATCH, EACH TEAM SELF-EVALUATES THEIR SPIRIT OF THE GAME THEN THEY EVALUATE THE OPPOSING TEAM'S SPIRIT OF THE GAME, THE UMPIRES WILL ALSO EVALUATE EACH TEAM'S SPIRIT OF THE GAME.

ALL EVALUATION IS DONE THROUGH THE SPIRIT OF THE GAME ONLINE APP AT THE COMPLETION OF THE MATCH OR THROUGH THE WEBSITE. CLICK HERE FOR MORE.

CHECK OUT SOME OF THE COMMENTS SHARED OVER THE PAST FEW ROUNDS:

# OFFICIALS WERE FRIENDLY AND GREAT TO PLAY AGAINST. THANK YOU FOR BEING SUCH A GREAT OPPOSITION.

POINT COOK IN REGARDS TO WEST FOOTSCRAY (UNDER 14)



66

THANKS FOR A GOOD EVEN CLASH.

IT WAS A TIGHT TUSSLE ALL DAY. IT WAS GREAT TO SEE SOME FREE FLOWING FOOTY BETWEEN BOTH TEAMS.

FLEMINGTON JUNIORS IN REGARDS TO SPOTSWOOD (UNDER 10)



## JUNIOR NEWS



#### WRFL SPIRIT OF THE GAME

THANKS FOR COMING TO PLAY AT OUR GROUND. ANOTHER BEAUTIFUL ENCOUNTER BETWEEN ST ALBANS AND DEER PARK UNDER 10S.

ST ALBANS IN REGARDS TO DEER PARK (UNDER 10)







THANK YOU FOR A GREAT GAME. YOUR TEAM SPECTATORS AND OFFICIALS WERE RESPECTFUL.

**CAROLINE SPRINGS IN REGARDS TO NEWPORT POWER (UNDER 10)** 







AMAZING UMPIRING BY THE SUNS PARENT VOLUNTEER. GAVE BOTH TEAMS FAIR OPPORTUNITY TO ENGAGE IN PLAY PAID MARKS FOR HANDS ON THE BALL WHICH REALLY HELPS WITH ENGAGEMENT AND ENJOYMENT AT THIS AGE. THANK YOU SUNS FOR A GREAT GAME.

WEST FOOTSCRAY IN REGARDS TO SUNS (UNDER 9)







GREAT TEAM TO PLAY WITH WONDERFUL PLAYERS OFFICIALS AND PARENTS. THANKS FOR ANOTHER GREAT GAME ST BERNARD'S.

NEWPORT POWER IN REGARDS TO ST BERNARD'S (UNDER 9)







You can speed things up on the field. But out on the road, driving at a safe and legal speed could save the life of a club or community member. So whether you're a player, coach, spectator or volunteer, we're asking you to slow down and help make our roads safer.

It takes all of us.





# KIDS CURNER



### KIDS CORNER - BEST JOKE



NEED A LAUGH? LOOK NO FURTHER AS SOME OF THE WRFL'S JUNIORS SHARE THEIR BEST JOKES 🐵

### WRFL JOINS TIKTOK

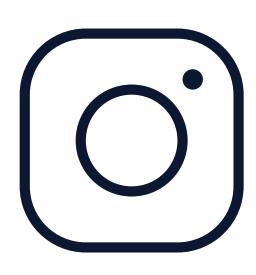


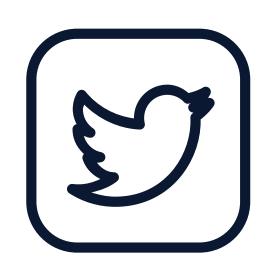
THE WESTERN REGION FOOTBALL LEAGUE HAS JOINED TIKTOK. <u>CLICK HERE TO VIEW THE CHANNEL</u>. GIVE US A FOLLOW!

BE SURE TO FOLLOW ALL THE WRFL'S SOCIAL MEDIA CHANNELS TO STAY UP-TO-DATE WITH ALL THE LATEST NEWS AND VIEWS FROM ACROSS THE WEST.













## PACIFIC*uverribee*







# HEARTLAND AWARD WINNERS WEEK



#### 2022 WESTERN BULLDOGS WRFL HEARTLAND AWARD

WESTERN BULLDOGS PREMIERSHIP PLAYERS MARCUS BONTEMPELLI AND ELLIE BLACKBURN HAVE BEEN NAMED AS THE TWO HEARTLAND AMBASSADORS FOR 2022.

THE HEARTLAND AWARD IS NOW IN IT'S NINTH SEASON. THE AWARD RECOGNISES JUNIOR PLAYERS FROM ACROSS OUR LEAGUE.

EACH WEEK THROUGHOUT THE HOME AND AWAY SEASON, THE JUNIOR HEARTLAND AWARD WILL BE PRESENTED BY THE COACH FROM THE HOME TEAM TO ONE PLAYER FROM THE OPPOSITION SIDE, WHO THEY BELIEVE EMBODIES THE TRUE ESSENCE OF THE GAME - THAT BEING: FAIR PLAY, FUN AND RESPECT FOR BOTH THE OPPOSITION AND THE UMPIRES.

THE AWARD IS FOR THOSE PLAYING IN THE UNDER-8 COMPETITION THROUGH TO UNDER-14'S, INCLUDING UNDER 14 GIRLS.

IF YOU WIN A HEARTLAND AWARD MAKE SURE YOU REGISTER YOUR UNIQUE CODE AT THE BOTTOM OF YOUR CERTIFICATE ON THE WESTERN BULLDOGS WEBSITE TO GO INTO THE DRAW TO WIN THE ULTIMATE HEARTLAND EXPERIENCE.

IF YOU'VE WON A HEARTLAND AWARD, SNAP A PHOTO WITH YOUR CERTIFICATE AND SEND IT TO KRISTEN AT K.ALEBAKIS WRFL. ASN. AU AND WE WILL SHARE IT ON SOCIAL MEDIA.



## HEARTLAND AWARD WINNERS (WRF)

















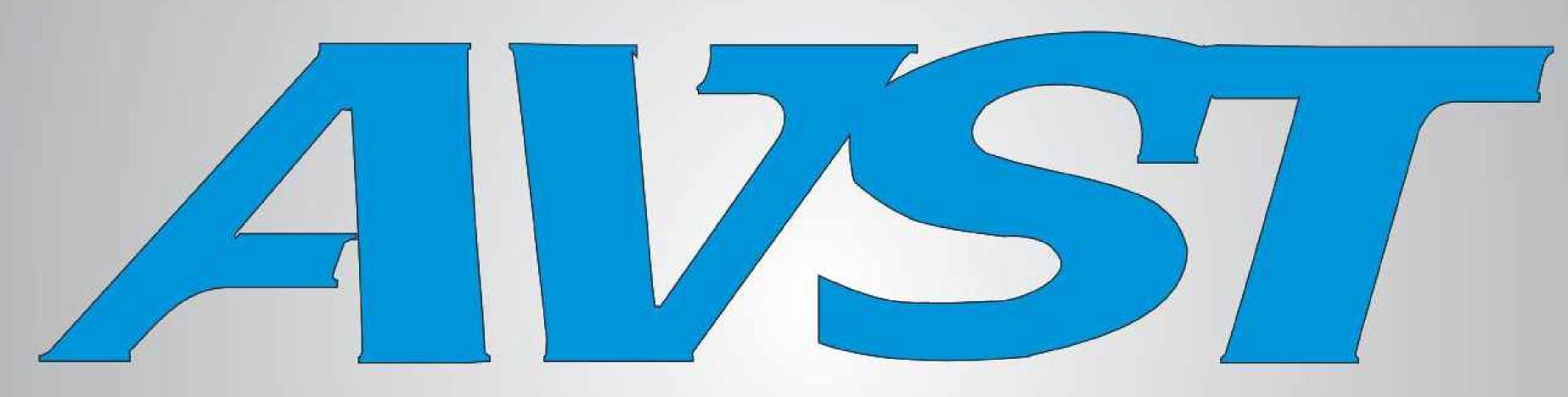




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## HEARTLAND AWARD WINNERS (WREE)





















## HEARTLAND AWARD WINNERS WREE







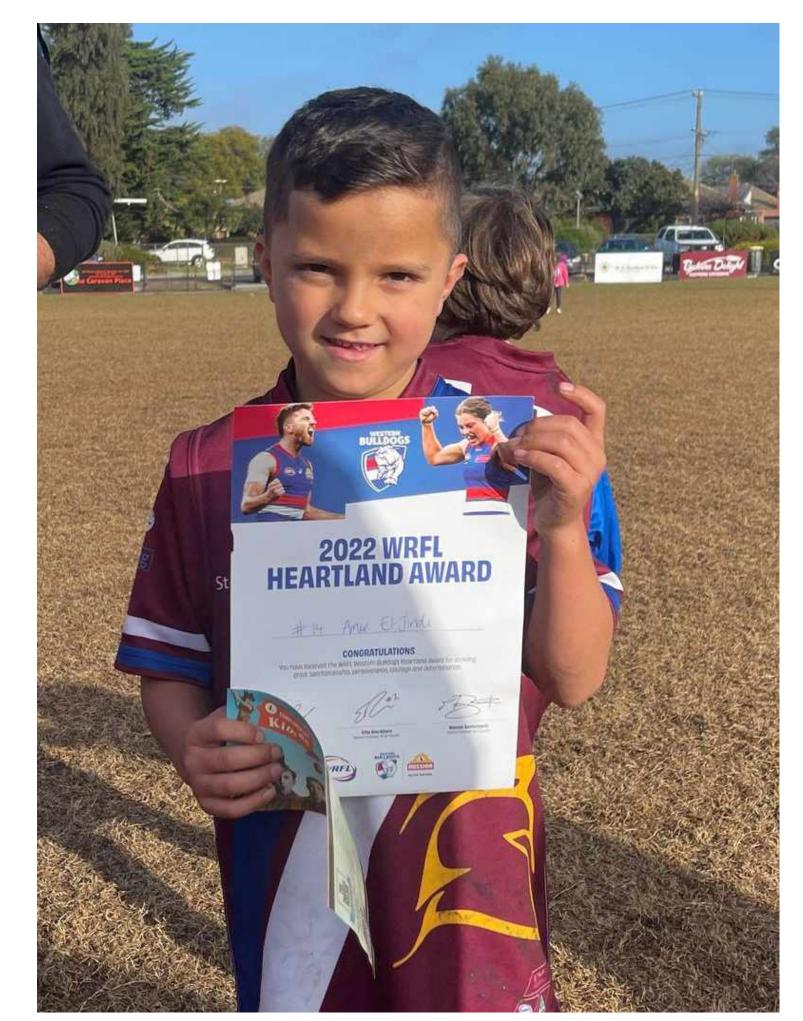
















## Concerned your kids think betting on sport is normal?

The first generation to grow up with sports betting ads – young men (18 to 24 years) – make up a third of sports bettors in Victoria, and participation by young women is rising.\*

Start a conversation with the young people in your life today about the risks associated with sports betting, by asking:

- What do you think about all the betting ads on TV?
- What are some of the risks involved in sports betting?
- Why do people bet on sport?

For more tips, visit lovethegame.vic.gov.au





@vicrgf



@lovethegame



@responsiblegambling





# MILESTINE MIMENTS WREE





JENNA HURRING - 50 GAMES



ZOE HURRING - 50 GAMES

IF YOU HAVE ANY MILESTONE MOMENT IMAGES YOU WOULD LIKE FEATURED IN THE MONTHLY JUNIOR RECORD, PLEASE EMAIL THE IMAGE AND PLAYER DETAILS TO K.ALEBAKIS@WRFL.ASN.AU



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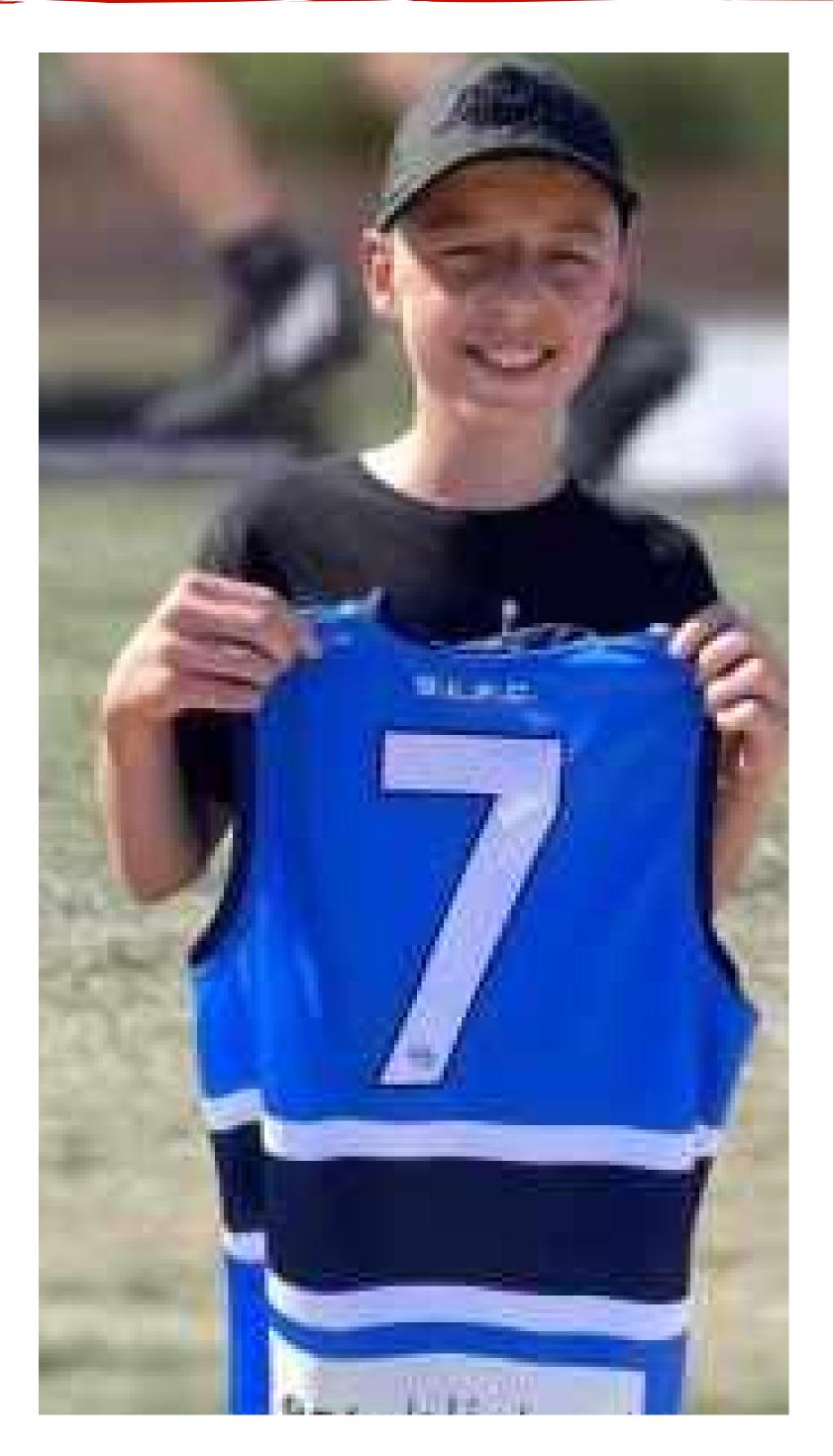
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More Information: Credit criteria, fees and charges apply. 'Offer is current as at 1 March 2022 and may be varied or withdrawn at any time. For new refinance applications received between 1 March 2022 and 31 May 2022 and settle by 31 July 2022. Offer available for Owner Occupier with Principal and Interest repayments and Investment Loans. Min. Loan \$250k. Limit of 1 \$4,000 rebate per settled refinance application regardless of the number of loans involved. This offer is not available in conjunction with the New Purchase Buyer \$1,000 Rebate. Excludes Owner Occupier Interest Only. Line of Credit Loans, residential lending originated under terrify or company busts and switches and refinances of home loans within the Westpac Group (St.George, Westpac, Bank of Melbourne, BankSA). Split loans are counted as one sattled home loan regardless of the number of splits. Rebate will be automatically deposited into the home loan account within 60 days after settlement. If the home loan has a fixed interest rate, the rebate will count towards the prepayment threshold. Tax consequences may arise from this promotion for investors and customers should seek independent advice on any taxation matters. RAMS Melbourne inner West is owned and operated by RNANCEMATTERS2US Pty Ltd ACN 152 802 545 as trustee for The TM Huynh Family Trust ABN 12 437 717 615. RAMS Financial Group Pty Ltd ABN 30 105 207 538, AR 405465 Australian Credit Licence 388065. Credit Provider & issuer of RAMS Deposit Products: Westpac Banking Corporation ABN 33 807 457 141 AFSL and Australian credit licence 233714.

# MILESTINE MIMENTS WREI





#### CHRISTIAN SARNA - 50 GAMES



ALYSSIA - 50 GAMES

IF YOU HAVE ANY MILESTONE MOMENT IMAGES YOU WOULD LIKE FEATURED IN THE MONTHLY JUNIOR RECORD, PLEASE EMAIL THE IMAGE AND PLAYER DETAILS TO K.ALEBAKIS@WRFL.ASN.AU

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