

WESTERN REGION FOOTBALL LEAGUE JUNIOR RECORD





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MID-YEAR
MASTERY

FOOTY PROGRAM

THUR **JUNE 29**

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FUNDAMENTALS › GAMES + ACTIVITIES › SPECIALIST COACHES

JUNIOR NEWS



WRFL SEDA COLLEGE VIC JUNIOR INTERLEAGUE

THE AFL VICTORIA METROPOLITAN JUNIOR DEVELOPMENT SERIES KICKED OFF LAST WEEK IN SPECTACULAR FASHION, THE COMPETITION WILL CONTINUE ON FOR THREE MORE DAYS FROM THE 10TH - 12TH OF JUNE.

[CLICK HERE TO VIEW THE FULL MATCH RESULTS FROM THE INTERLEAGUE KICK OFF ON MAY 31ST.](#)

UPCOMING GAMES:

JUNE 10TH

UNDER 15 GIRLS DIV 1 - 10AM WRFL V EFNL AT MITCHAM FC
UNDER 14 BOYS DIV 1 - 2PM WRFL V EFNL AT MITCHAM FC
UNDER 14 BOYS DIV 2 - 12PM WRFL V EDFL AT CANNING RESERVE
UNDER 15 BOYS DIV 1 - 12PM WRFL V EFNL AT SALTWATER RESERVE
UNDER 15 BOYS DIV 2 - 10AM WRFL V EDFL AT SALTWATER RESERVE

JUNE 11TH - JOHN MCMAHON RESERVE UNDER 13S

MIXED A - 11.45AM WRFL V RDFNL - 1.30PM WRFL V EDFL
MIXED B - 12PM WRFL V RDFNL - 1.45PM WRFL V EDFL

JUNE 12TH

UNDER 15 GIRLS DIV 1 - 10AM WRFL V NFNL AT CAROLINE SPRINGS TOWN CENTRE OVAL
UNDER 14 BOYS DIV 1 - 2PM WRFL V NFNL AT CAROLINE SPRINGS TOWN CENTRE OVAL
UNDER 14 BOYS DIV 2 - 12PM WRFL V NFNL AT CAROLINE SPRINGS TOWN CENTRE OVAL
UNDER 15 BOYS DIV 1 - 2PM WRFL V NFNL AT LA TROBE SPORTS PARK
UNDER 15 BOYS DIV 2 - 12PM WRFL V NFNL AT LA TROBE SPORTS PARK

SEDA COLLEGE JUNIOR INTERLEAGUE

MATCH WRAP UP



SEDA COLLEGE VIC JUNIOR INTERLEAGUE BEST ON GROUND MEDALLISTS



SEDA COLLEGE VIC JUNIOR INTERLEAGUE BEST ON GROUND MEDALLISTS



Ascot Vale Sports & Trophies

1-5 Union Rd (Cnr Union Rd & Epsom Rd)

Ascot Vale, VIC 3032

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SEDA[®]
COLLEGE VIC

SEDA COLLEGE STUDENTS BEAU & CHARLIZE TALK ABOUT WHY THEY CHOSE SEDA COLLEGE FOR THEIR SENIOR SECONDARY EDUCATION

WHAT MADE YOU CHOOSE SEDA COLLEGE?

Charlize - After experiencing mainstream school, I realised it wasn't a positive learning environment for me anymore. I wanted to find an alternative and SEDA seemed like the perfect choice. Sport is my passion and being surrounded by likeminded people that were my age was the main attraction towards SEDA. Seeing all the opportunities that SEDA offered, intrigued me and it was something I could already see myself being a part of. Now that I am here, I believe that I made the best choice for myself.

WHAT DO YOU ENJOY MOST ABOUT SEDA COLLEGE?

Charlize- I really enjoy having the opportunity to teach and coach primary aged students, introducing them to the idea of AFL and other sports. Seeing the joy and excitement on their faces when they learn new skills is incredibly rewarding. Additionally, I love that we get to go on a Surf trip as part of the One Wave Mental Health awareness program, a Ski trip, and participate in interschool football!

WHAT DO YOU LIKE ABOUT THE TEACHING MODEL AT SEDA COLLEGE?

Beau - I like that we have only one teacher for the year, which allows us to develop a strong bond with them and for them to truly understand our class. Having consistent expectations every day makes it easier for me and my classmates to learn. The 1-on-1 teaching support we receive in the classroom is invaluable, and the schoolwork is presented clearly and in an easy-to-understand manner.

WHAT OPPORTUNITIES HAVE YOU BEEN ABLE TO PARTICIPATE IN WITH YOUR PROGRAM PARTNER AFL VICTORIA & WESTERN BULLDOGS?

Charlize & Beau - We've had amazing opportunities. Through CALDPLAY with the Western Bulldogs community foundation we've learned about respect, boundaries, and various communication skills. It's been eye-opening to see how different children have different learning styles and comprehension abilities. My favourite part of the CALDPLAY community days were the final Gala days where the students could compete in a game-simulation and show off their new found skills. Last year, we also had the incredible experience of working at the AFL Live Site at the MCG during AFL Grand Final week.

WHAT ARE SOME OF THE COMMUNITY OPPORTUNITIES YOU'VE BEEN INVOLVED AS PART OF YOUR STUDY AT SEDA COLLEGE?

Charlize & Beau - An incredible opportunity that we completed as a class was the Podcast challenge between the 'Young Legends of the West'. On this day, we learnt about radio stations and podcast streaming. The main objective of the day was the effects of Gambling harm, and we had the chance to have a conversation with an ex-gambling addict, and this changed the classes perspective on adulthood and mental health/wellbeing.



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**WESTERN
BULLDOGS**



WOMEN OF THE WEST IN SPORT ROUND

THIS YEAR THE WESTERN REGION FOOTBALL LEAGUE IS BUILDING ON THE FEMALE DEVELOPMENT NETWORK FORMED IN 2021.

THE INITIATIVE IS AIMED AT PROVIDING A SAFE AND NURTURING ENVIRONMENT ACROSS THE REGION, WHERE WOMEN FROM VARIOUS DIFFERENT FIELDS: PLAYERS, COACHES, ADMINISTRATORS, UMPIRES, TRAINERS; CAN COME TOGETHER TO NETWORK, UPSKILL AND BUILD PERSONAL CONFIDENCE THAT LEADS TO POSITIVE CHANGE AND FURTHER ENCOURAGES FEMALE PARTICIPATION IN ALL ASPECTS OF THE LEAGUE.

THE MISSION OF THE NETWORK IS TO INCREASE PARTICIPATION OF GIRLS AND WOMEN ON AND OFF THE FIELD/COURT, PROVIDE AN AVENUE FOR EDUCATION AND TO ENSURE THERE ARE OPPORTUNITIES FOR ADVANCEMENT WITHIN CLUBS AND THROUGHOUT THE LEAGUE. IN 2022 WE STARTED LAUNCHING OUR WORKSHOPS, WHICH HAVE CONTINUED INTO 2023 WITH PLENTY MORE TO COME.

ROUND 5 SAW MANY OF OUR JUNIOR GIRLS WIN SPECIALISED WOMEN OF THE WEST BEST ON GROUND MEDALS IN RECOGNITION OF THEIR SKILLS AND SUPPORT.



WOMEN IN SPORT ROUND

Celebrating the Women of the West



WOMEN OF THE WEST MEDAL WINNERS



WOMEN OF THE WEST MEDAL WINNERS



KIDS CORNER



KIDS CORNER - EPISODE 3



WE ASKED SOME OF THE JUNIOR STARS OF THE COMPETITION TO TELL US WHAT THEY WOULD DO IF THEY WERE PRIME MINISTER FOR A DAY... 🇺🇸

WRFL SOCIAL MEDIA CHANNELS



@westernregionfl

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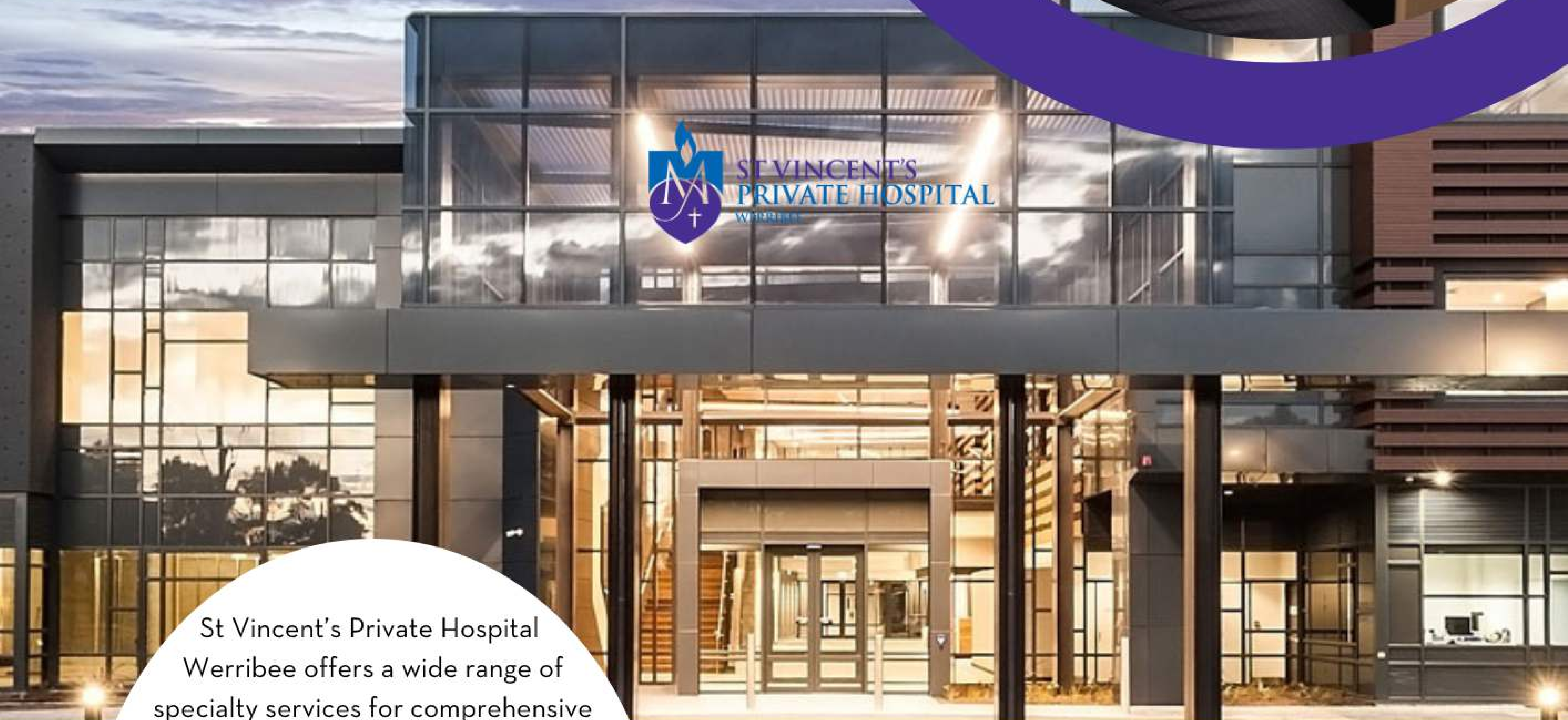


The WRFL is a community sport organisation in Melbourne's west #WestIsBest

HAVE YOU CONNECTED WITH US ON TIKTOK?. [CLICK HERE](#) TO CHECK IT OUT AND GIVE US A FOLLOW!

BE SURE TO FOLLOW ALL THE WRFL'S SOCIAL MEDIA CHANNELS TO STAY UP-TO-DATE WITH ALL THE LATEST NEWS AND VIEWS FROM ACROSS THE WEST.





St Vincent's Private Hospital Werribee offers a wide range of specialty services for comprehensive care of Melbourne's Western community.

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LOVE THE GAME NOT THE ODDS

Concerned your kids think betting on sport is normal?

The first generation to grow up with sports betting ads – young men (18 to 24 years) – make up a third of sports bettors in Victoria, and participation by young women is rising.*

Start a conversation with the young people in your life today about the risks associated with sports betting, by asking:

- What do you think about all the betting ads on TV?
- What are some of the risks involved in sports betting?
- Why do people bet on sport?

For more tips, visit lovethethegame.vic.gov.au



@vicrgf



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LOVE THE GAME NOT THE ODDS



Victorian
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*Victorian population gambling and health study 2018–2019.

HEARTLAND AWARD WINNERS



2023 WESTERN BULLDOGS WRFL HEARTLAND AWARD

WITH THANKS TO THE WESTERN BULLDOGS AND THE PANCAKE PARLOUR THE WRFL HEARTLAND AWARD IS NOW IN ITS TENTH SEASON. THE AWARD RECOGNISES JUNIOR PLAYERS FROM ACROSS OUR LEAGUE.

EACH WEEK THROUGHOUT THE HOME AND AWAY SEASON, THE JUNIOR HEARTLAND AWARD WILL BE PRESENTED BY THE COACH FROM THE HOME TEAM TO ONE PLAYER FROM THE OPPOSITION SIDE, WHO THEY BELIEVE EMBODIES THE TRUE ESSENCE OF THE GAME – THAT BEING: FAIR PLAY, FUN AND RESPECT FOR BOTH THE OPPOSITION AND THE UMPIRES.

THE AWARD IS FOR THOSE PLAYING IN THE UNDER-8 COMPETITION THROUGH TO UNDER-14'S, INCLUDING UNDER 14 GIRLS.

IF YOU WIN A HEARTLAND AWARD MAKE SURE YOU REGISTER YOUR UNIQUE CODE AT THE BOTTOM OF YOUR CERTIFICATE ON THE WESTERN BULLDOGS WEBSITE [HERE](#) TO GO INTO THE DRAW TO WIN THE ULTIMATE HEARTLAND EXPERIENCE.

IF YOU'VE WON A HEARTLAND AWARD, SNAP A PHOTO WITH YOUR CERTIFICATE AND SEND IT TO ERIN AT E.PIEZ@WRFL.ASN.AU AND WE WILL SHARE IT ON OUR WEBSITE.



HEARTLAND AWARD WINNERS



HEARTLAND AWARD WINNERS



HEARTLAND AWARD WINNERS



HEARTLAND AWARD WINNERS



HEARTLAND AWARD WINNERS



HEARTLAND AWARD WINNERS



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- You'll have a dedicated home loan specialist from start to finish, so you'll only have to tell your story once. You'll also have their mobile number, so whatever arises, you can get things sorted.



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More Information: Credit criteria, fees and charges apply. RAMS home loans are not available for foreign borrowers residing outside Australia. Offer is current as at 1 March 2023 and may be varied or withdrawn at any time. For new refinance applications received between 1 March 2023 and 31 August 2023. Settle by 30 November 2023. Min Loan \$250k per property refinanced. Offer available on the Essential Home Loan, Full Feature and Fixed rate home loan products (excludes Line of Credit) Owner Occupier with Principal and Interest repayments and Investment Loans.. Only 1 rebate per settled application with the predominant purpose is refinance will be paid regardless of the number of loans involved. This offer is not available in conjunction with the New Purchase Buyer \$1,000 Rebate. Excludes Line of Credit Loans, switches and refinances of home loans within the Westpac Group which include St. George, Westpac, Bank of Melbourne, BankSA. Offer not available for Owner Occupier Interest Only loans or residential lending originated under family or company trusts. Not available to company and trust borrowers. The offer is limited to one rebate per eligible application. Split loans are counted as one settled home loan regardless of the number of splits. Rebate will be automatically deposited into the home loan account within 60 days after settlement. If the home loan has a fixed interest rate, the rebate will count towards the prepayment threshold. Tax consequences may arise from this promotion for investors and customers should seek independent advice on any taxation matters. RAMS Melbourne Inner West is owned and operated by FINANCEMATTERS2US Pty Ltd ACN 152 802 545 as trustee for The TM Huynh Family Trust ABN 12 437 717 615. RAMS Financial Group Pty Ltd ABN 30 105 207 538, AR 405465 Australian Credit Licence 388065. Credit Provider & issuer of RAMS Deposit Products: Westpac Banking Corporation ABN 33 007 457 141 AFSL and Australian credit licence 233714. 23262/0423

MILESTONE MOMENTS



IF YOU HAVE ANY MILESTONE MOMENT IMAGES YOU WOULD LIKE FEATURED IN THE MONTHLY JUNIOR RECORD, PLEASE EMAIL THE IMAGE AND PLAYER DETAILS TO E.PIEZ@WRFL.ASN.AU

WRFL TALENT IN FUTURES JETS SQUADS



#WESTISBEST

THIRTY-SEVEN PLAYERS FROM ACROSS THE WESTERN REGION FOOTBALL LEAGUE WILL BE INVOLVED IN THE WESTERN JETS U16S FUTURES TRAINING SQUADS IN 2023.

[CLICK HERE TO VIEW THE FULL LIST OF SELECTED WRFL PLAYERS](#)

GALLERY

CLICK THE LOCAL LEGENDS PHOTOGRAPHY LOGO FOR MORE PHOTOS



GALLERY

CLICK THE LOCAL LEGENDS PHOTOGRAPHY LOGO FOR MORE PHOTOS

