

WESTERN REGION FOOTBALL LEAGUE JUNIOR RECORD





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MEMBERSHIP 2023

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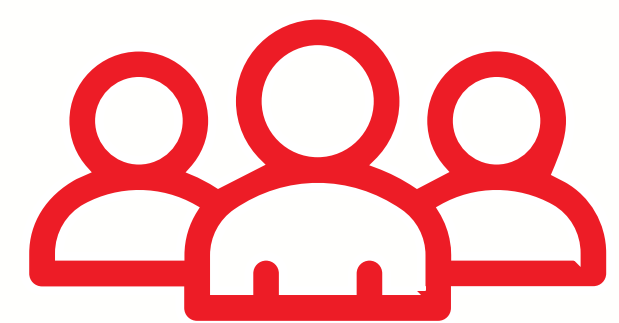


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MONDAY
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AGE GROUPS
9 - 18

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*Early Bird promotion expires 11:59pm Thursday, 31 August.

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SEDA[®]
COLLEGE VIC

SEDA COLLEGE STUDENTS BEAU & CHARLIZE TALK ABOUT WHY THEY CHOSE SEDA COLLEGE FOR THEIR SENIOR SECONDARY EDUCATION

WHAT MADE YOU CHOOSE SEDA COLLEGE?

Charlize - After experiencing mainstream school, I realised it wasn't a positive learning environment for me anymore. I wanted to find an alternative and SEDA seemed like the perfect choice. Sport is my passion and being surrounded by likeminded people that were my age was the main attraction towards SEDA. Seeing all the opportunities that SEDA offered, intrigued me and it was something I could already see myself being a part of. Now that I am here, I believe that I made the best choice for myself.

WHAT DO YOU ENJOY MOST ABOUT SEDA COLLEGE?

Charlize- I really enjoy having the opportunity to teach and coach primary aged students, introducing them to the idea of AFL and other sports. Seeing the joy and excitement on their faces when they learn new skills is incredibly rewarding. Additionally, I love that we get to go on a Surf trip as part of the One Wave Mental Health awareness program, a Ski trip, and participate in interschool football!

WHAT DO YOU LIKE ABOUT THE TEACHING MODEL AT SEDA COLLEGE?

Beau - I like that we have only one teacher for the year, which allows us to develop a strong bond with them and for them to truly understand our class. Having consistent expectations every day makes it easier for me and my classmates to learn. The 1-on-1 teaching support we receive in the classroom is invaluable, and the schoolwork is presented clearly and in an easy-to-understand manner.

WHAT OPPORTUNITIES HAVE YOU BEEN ABLE TO PARTICIPATE IN WITH YOUR PROGRAM PARTNER AFL VICTORIA & WESTERN BULLDOGS?

Charlize & Beau - We've had amazing opportunities. Through CALDPLAY with the Western Bulldogs community foundation we've learned about respect, boundaries, and various communication skills. It's been eye-opening to see how different children have different learning styles and comprehension abilities. My favourite part of the CALDPLAY community days were the final Gala days where the students could compete in a game-simulation and show off their new found skills. Last year, we also had the incredible experience of working at the AFL Live Site at the MCG during AFL Grand Final week.

WHAT ARE SOME OF THE COMMUNITY OPPORTUNITIES YOU'VE BEEN INVOLVED AS PART OF YOUR STUDY AT SEDA COLLEGE?

Charlize & Beau - An incredible opportunity that we completed as a class was the Podcast challenge between the 'Young Legends of the West'. On this day, we learnt about radio stations and podcast streaming. The main objective of the day was the effects of Gambling harm, and we had the chance to have a conversation with an ex-gambling addict, and this changed the classes perspective on adulthood and mental health/wellbeing.



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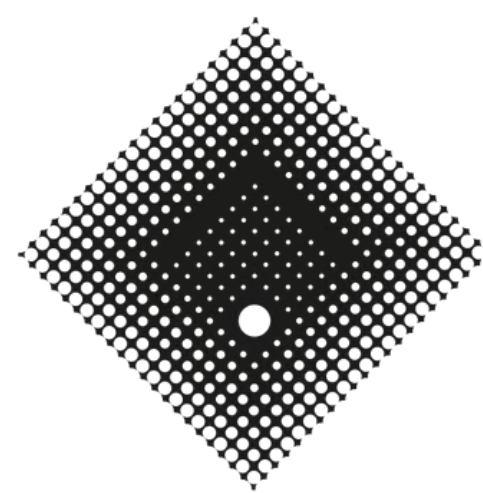
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POLYTECHNIC

KIDS CORNER



KIDS CORNER - EPISODE 5



IN THE FINAL EPISODE OF KIDS CORNER FOR 2023, WE ASK OUR JUNIORS IF THEY WERE TO RUN TRAINING, WHAT WOULD THEY MAKE THE COACHES DO? 🤖

WRFL SOCIAL MEDIA CHANNELS



@westernregionfl

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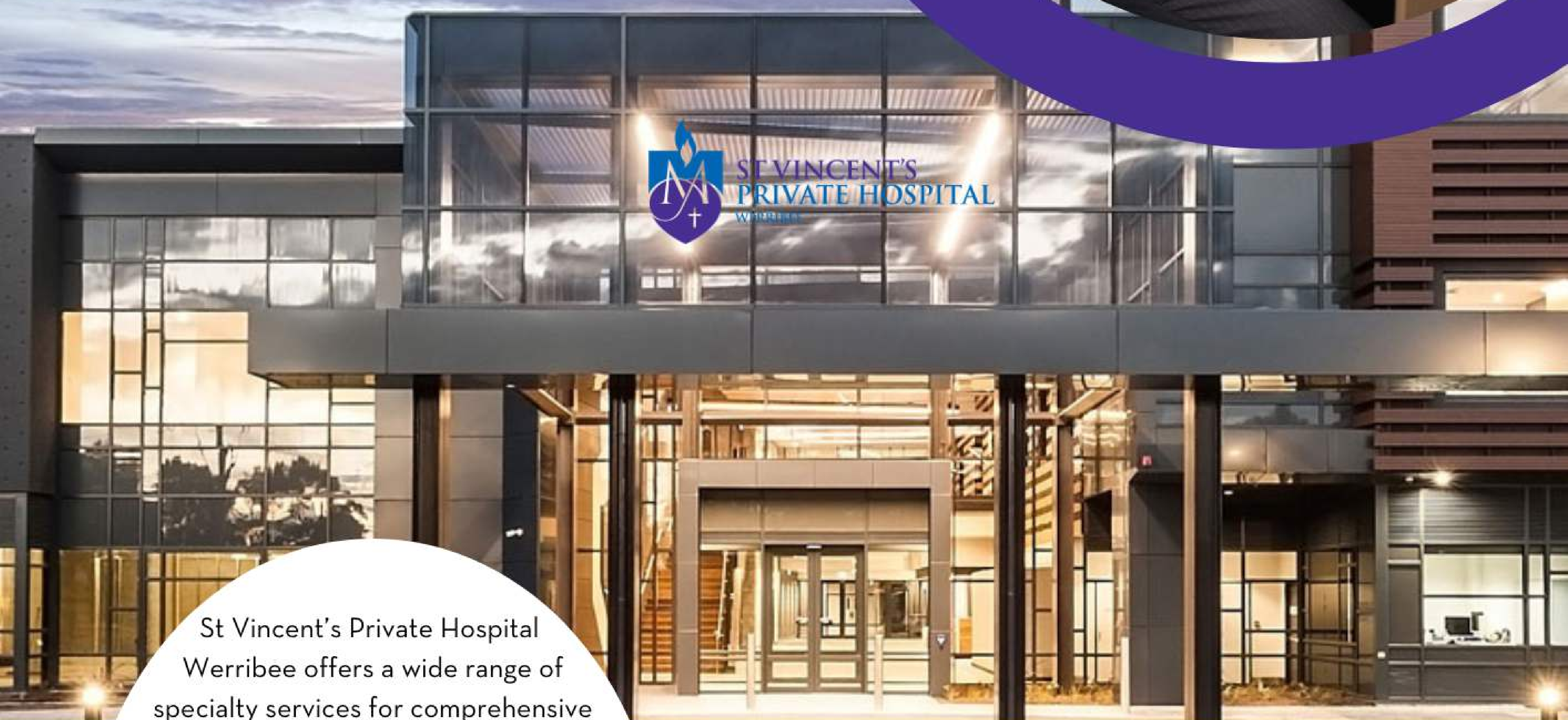


The WRFL is a community sport organisation in Melbourne's west #WestIsBest

HAVE YOU CONNECTED WITH US ON TIKTOK?. [CLICK HERE](#) TO CHECK IT OUT AND GIVE US A FOLLOW!

BE SURE TO FOLLOW ALL THE WRFL'S SOCIAL MEDIA CHANNELS TO STAY UP-TO-DATE WITH ALL THE LATEST NEWS AND VIEWS FROM ACROSS THE WEST.





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LOVE THE GAME NOT THE ODDS

Concerned your kids think betting on sport is normal?

The first generation to grow up with sports betting ads – young men (18 to 24 years) – make up a third of sports bettors in Victoria, and participation by young women is rising.*

Start a conversation with the young people in your life today about the risks associated with sports betting, by asking:

- What do you think about all the betting ads on TV?
- What are some of the risks involved in sports betting?
- Why do people bet on sport?

For more tips, visit lovethethegame.vic.gov.au



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LOVE THE GAME NOT THE ODDS



Victorian
Responsible
Gambling
Foundation

*Victorian population gambling and health study 2018–2019.

HEARTLAND AWARD WINNERS



2023 WESTERN BULLDOGS WRFL HEARTLAND AWARD

WITH THANKS TO THE WESTERN BULLDOGS AND THE PANCAKE PARLOUR THE WRFL HEARTLAND AWARD IS NOW IN ITS TENTH SEASON. THE AWARD RECOGNISES JUNIOR PLAYERS FROM ACROSS OUR LEAGUE.

EACH WEEK THROUGHOUT THE HOME AND AWAY SEASON, THE JUNIOR HEARTLAND AWARD WILL BE PRESENTED BY THE COACH FROM THE HOME TEAM TO ONE PLAYER FROM THE OPPOSITION SIDE, WHO THEY BELIEVE EMBODIES THE TRUE ESSENCE OF THE GAME – THAT BEING: FAIR PLAY, FUN AND RESPECT FOR BOTH THE OPPOSITION AND THE UMPIRES.

THE AWARD IS FOR THOSE PLAYING IN THE UNDER-8 COMPETITION THROUGH TO UNDER-14'S, INCLUDING UNDER 14 GIRLS.

IF YOU WIN A HEARTLAND AWARD MAKE SURE YOU REGISTER YOUR UNIQUE CODE AT THE BOTTOM OF YOUR CERTIFICATE ON THE WESTERN BULLDOGS WEBSITE [HERE](#) TO GO INTO THE DRAW TO WIN THE ULTIMATE HEARTLAND EXPERIENCE.

IF YOU'VE WON A HEARTLAND AWARD, SNAP A PHOTO WITH YOUR CERTIFICATE AND SEND IT TO [INFO@WRFL.ASN.AU](mailto:info@wrfl.asn.au) AND WE WILL SHARE IT ON OUR WEBSITE.



HEARTLAND AWARD WINNERS



HEARTLAND AWARD WINNERS



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