

# WFNL JUNIOR RULES & REGULATIONS MATRIX

## UNDER 8 - 9

|  | UNDER 8<br>MIXED   | UNDER 9<br>MIXED   |
|--|--|--|
| PLAYERS ON FIELD                             | 12 (MIN 6)   | 15 (MIN 9)   |
| PLAYERS ON BENCH                             | 4  | 5  |
| GROUND SIZE                                  | 70m x 50m<br>(80m x 60m MAX)   | 85m x 65m<br>(100m x 80m MAX)  |
| FOOTBALL SIZE                                | Size 2 Synthetic   | Size 2 Synthetic   |
| ZONES  | YES  | YES  |
| MATCH LENGTH                                 | 4 x 10 min   | 4 x 12 min   |
| QTR BREAKS                                   | 3 min, 6 min, 3 min  | 3 min, 6 min, 3 min  |
| SCORING, LADDERS, AWARDS & FINALS            | NO   | NO   |
| ENTERING RESULTS, BEST PLAYERS & GOALKICKERS | NO   | NO   |
| TACKLING                                     | No Tackling  | Modified, Standing Tackle  |
| CONTACT                                      | No Pushing, Bumping, Barging or<br>Shepherding.<br><br>No Smothering, Stealing or Knocking the ball<br>from the opponent's hand. | No Pushing, Bumping, Barging or<br>Shepherding.<br><br>No Smothering, Stealing or Knocking the ball<br>from the opponent's hand. |
| BOUNCING THE BALL                            | 1 Bounce Max   | 1 Bounce Max   |
| KICKING OFF THE GROUND                       | Not Permitted unless accidental  | Not Permitted unless accidental  |
| PLAYER ROTATION                              | Every player must play a minimum of 50-<br>75% game time.  | Every player must play a minimum of 50-<br>75% game time.  |
| MARKING                                      | Any distance, reasonable attempt   | Any distance shows control   |
| MERCY RULE                                   | YES  | YES  |
| EVEN UP                                      | YES  | YES  |
| COACHING POSITION                            | On Ground  | On Ground  |
| PENALTIES                                    | 15 metres  | 15 metres  |
| OUT OF BOUNDS                                | Last Touch Rule  | Last Touch Rule  |
| UMPIRING                                     | Club Appointed Field & Goal Umpires  | Club Appointed Field & Goal Umpires  |

# WFNL JUNIOR RULES & REGULATIONS MATRIX

## UNDER 10

|   | UNDER 10<br>MIXED  | UNDER 10<br>GIRLS  |
|---|--|--|
| <b>PLAYERS ON FIELD</b>                                 | 18 (MIN 9)   | 12 (MIN 6)   |
| <b>PLAYERS ON BENCH</b>                                 | 6  | 4  |
| <b>GROUND SIZE</b>                                      | FULL SIZE<br>(Clubs Can Agree To Reduce Up To Half Size)   | 85m x 65m<br>(100m x 80m MAX)  |
| <b>FOOTBALL SIZE</b>                                    | Size 2 Synthetic   | Size 2 Synthetic   |
| <b>ZONES</b>  | NO   | YES  |
| <b>MATCH LENGTH</b>                                     | 4 x 12 min   | 4 x 12 min   |
| <b>QTR BREAKS</b>                                       | 5 min, 8 min, 5 min  | 5 min, 8 min, 5 min  |
| <b>SCORING, LADDERS, AWARDS &amp; FINALS</b>            | No Scoreboard, Ladders, Finals or Awards.<br>Only Secret Scoring by Timekeepers  | No Scoreboard, Ladders, Finals or Awards.<br>Only Secret Scoring by Timekeepers  |
| <b>ENTERING RESULTS, BEST PLAYERS &amp; GOALKICKERS</b> | Entering Secret Scoring Results Permitted<br>(not made public)   | Entering Secret Scoring Results Permitted<br>(not made public)   |
| <b>TACKLING</b>   | Modified, Standing Tackle  | Modified, Standing Tackle  |
| <b>CONTACT</b>  | No Pushing, Bumping, Barging or<br>Shepherding.<br><br>No Smothering, Stealing or Knocking the ball<br>from the opponent's hand. | No Pushing, Bumping, Barging or<br>Shepherding.<br><br>No Smothering, Stealing or Knocking the ball<br>from the opponent's hand. |
| <b>BOUNCING THE BALL</b>                                | 1 Bounce Max   | 1 Bounce Max   |
| <b>KICKING OFF THE GROUND</b>                           | Not Permitted unless accidental  | Not Permitted unless accidental  |
| <b>PLAYER ROTATION</b>                                  | Every player must play a minimum of 50-<br>75% game time.  | Every player must play a minimum of 50-<br>75% game time.  |
| <b>MARKING</b>  | Any distance shows control   | Any distance shows control   |
| <b>MERCY RULE</b>                                       | YES  | YES  |
| <b>EVEN UP</b>  | YES  | YES  |
| <b>COACHING POSITION</b>                                | On Ground  | On Ground  |
| <b>PENALTIES</b>  | 15 metres  | 15 metres  |
| <b>OUT OF BOUNDS</b>                                    | Last Touch Rule  | Last Touch Rule  |
| <b>UMPIRING</b>   | Club Appointed Field & Goal Umpires  | Club Appointed Field & Goal Umpires  |

# WFNL JUNIOR RULES & REGULATIONS MATRIX

## UNDER 12

|  | UNDER 12 MIXED  | UNDER 12 GIRLS  |
|--|---|---|
| PLAYERS ON FIELD                             | 18 (MIN 14)   | 16 (MIN 12)   |
| BENCH  | 6   | 6   |
| GROUND SIZE                                  | Full Size   | Full Size   |
| FOOTBALL SIZE                                | Size 3 Leather  | Size 3 Synthetic                                      |
| ZONES  | NO  | NO  |
| MATCH LENGTH                                 | 4 x 15 min  | 4 x 15 min  |
| QTR BREAKS                                   | 5 min, 10 min, 5 min                                  | 5 min, 10 min, 5 min                                  |
| SCORING, LADDERS, AWARDS & FINALS            | YES   | YES   |
| ENTERING RESULTS, BEST PLAYERS & GOALKICKERS | YES   | YES   |
| TACKLING                                     | Permitted as per Laws of Australian Football          | Permitted as per Laws of Australian Football          |
| CONTACT                                      | Permitted as per Laws of Australian Football          | Permitted as per Laws of Australian Football          |
| BOUNCING THE BALL                            | Unlimited   | Unlimited   |
| KICKING OFF THE GROUND                       | Not Permitted unless accidental                       | Not Permitted unless accidental                       |
| PLAYER ROTATION                              | Every player must play a minimum of 50-75% game time. | Every player must play a minimum of 50-75% game time. |
| MARKING                                      | 15 metres, direct catch                               | 15 metres, shows control                              |
| MERCY RULE                                   | YES   | YES   |
| EVEN UP                                      | YES   | YES   |
| COACHING POSITION                            | Sideline  | Sideline  |
| PENALTIES                                    | 15 metres   | 15 metres   |
| OUT OF BOUNDS                                | Last Touch Rule (between 50m arcs)                    | Last Touch Rule (between 50m arcs)                    |
| UMPIRING                                     | 2 x Field (League)<br>2 x Goal (Club)                 | 2 x Field (League)<br>2 x Goal (Club)                 |

# WFNL JUNIOR RULES & REGULATIONS MATRIX

## UNDER 14

|   | UNDER 14 MIXED   | UNDER 14 GIRLS  |
|---|--|---|
| <b>PLAYERS ON FIELD</b>                                 | 18 (MIN 14)  | 16 (MIN 12)   |
| <b>BENCH</b>  | 6  | 6   |
| <b>GROUND SIZE</b>                                      | Full Size  | Full Size   |
| <b>FOOTBALL SIZE</b>                                    | Size 4 Leather   | Size 4 Leather  |
| <b>ZONES</b>  | NO   | NO  |
| <b>MATCH LENGTH</b>                                     | 4 x 18 min   | 4 x 15 min  |
| <b>QTR BREAKS</b>                                       | 5 min, 10 min, 5 min   | 5 min, 10 min, 5 min  |
| <b>SCORING, LADDERS, AWARDS &amp; FINALS</b>            | YES  | YES   |
| <b>ENTERING RESULTS, BEST PLAYERS &amp; GOALKICKERS</b> | YES  | YES   |
| <b>TACKLING</b>   | Permitted as per Laws of Australian Football                 | Permitted as per Laws of Australian Football                |
| <b>CONTACT</b>  | Permitted as per Laws of Australian Football                 | Permitted as per Laws of Australian Football                |
| <b>BOUNCING THE BALL</b>                                | Unlimited  | Unlimited   |
| <b>KICKING OFF THE GROUND</b>                           | Permitted  | Permitted   |
| <b>PLAYER ROTATION</b>                                  | Every player must play a minimum of 50-75% game time.        | Every player must play a minimum of 50-75% game time.       |
| <b>MARKING</b>  | 15 metres, direct catch                                      | 15 metres, direct catch                                     |
| <b>MERCY RULE</b>                                       | NO   | NO  |
| <b>EVEN UP</b>  | YES  | YES   |
| <b>COACHING POSITION</b>                                | Sideline   | Sideline  |
| <b>PENALTIES</b>  | 15 metres  | 15 metres   |
| <b>OUT OF BOUNDS</b>                                    | As per Laws of Australian Football                           | As per Laws of Australian Football                          |
| <b>UMPIRING</b>   | 2 x Field (League)<br>2 x Boundary (Club)<br>2 x Goal (Club) | 2 x Field (League)<br>2 x Boundary (Club)<br>2 x Goal Club) |

# WFNL JUNIOR RULES & REGULATIONS MATRIX

## UNDER 16

|   | UNDER 16 BOYS  | UNDER 16 GIRLS   |
|---|--|--|
| <b>PLAYERS ON FIELD</b>                                 | 18 (MIN 14)  | 16 (MIN 12)  |
| <b>BENCH</b>  | 6  | 6  |
| <b>GROUND SIZE</b>                                      | Full Size  | Full Size  |
| <b>FOOTBALL SIZE</b>                                    | Size 5 Leather   | Size 4 Leather   |
| <b>ZONES</b>  | NO   | NO   |
| <b>MATCH LENGTH</b>                                     | 4 x 20 min   | 4 x 15 min   |
| <b>QTR BREAKS</b>                                       | 5 min, 10 min, 5 min   | 5 min, 10 min, 5 min   |
| <b>SCORING, LADDERS, AWARDS &amp; FINALS</b>            | YES  | YES  |
| <b>ENTERING RESULTS, BEST PLAYERS &amp; GOALKICKERS</b> | YES  | YES  |
| <b>TACKLING</b>   | Permitted as per Laws of Australian Football                     | Permitted as per Laws of Australian Football                     |
| <b>CONTACT</b>  | Permitted as per Laws of Australian Football                     | Permitted as per Laws of Australian Football                     |
| <b>BOUNCING THE BALL</b>                                | Unlimited  | Unlimited  |
| <b>KICKING OFF THE GROUND</b>                           | Permitted  | Permitted  |
| <b>PLAYER ROTATION</b>                                  | Every player must play a minimum of 50-75% game time.            | Every player must play a minimum of 50-75% game time.            |
| <b>MARKING</b>  | 15 metres, direct catch  | 15 metres, direct catch  |
| <b>MERCY RULE</b>                                       | NO   | NO   |
| <b>EVEN UP</b>  | YES  | YES  |
| <b>COACHING POSITION</b>                                | Sideline   | Sideline   |
| <b>PENALTIES</b>  | 50 metres  | 25 metres  |
| <b>OUT OF BOUNDS</b>                                    | As per Laws of Australian Football                               | As per Laws of Australian Football                               |
| <b>UMPIRING</b>   | 2 x Field (League)<br>2 x Boundary (League)<br>2 x Goal (League) | 2 x Field (League)<br>2 x Boundary (League)<br>2 x Goal (League) |

# WFNL JUNIOR RULES & REGULATIONS MATRIX

## ZONES & STARTING POSITIONS

### UNDER 8 MIXED + UNDER 10 GIRLS

| AVAILABLE PLAYERS | ON FIELD | BENCH | ZONES |
|-------------------|----------|-------|-------|
| 6                 | 6        |       | 2-2-2 |
| 7                 | 7        |       | 2-3-2 |
| 8                 | 8        |       | 2-4-2 |
| 9                 | 9        |       | 3-3-3 |
| 10                | 10       |       | 3-4-3 |
| 11                | 11       |       | 4-3-4 |
| 12                | 12       |       | 4-4-4 |
| 13-16             | 12       | 1-4   | 4-4-4 |

### UNDER 9 MIXED

| AVAILABLE PLAYERS | ON FIELD | BENCH | ZONES |
|-------------------|----------|-------|-------|
| 9                 | 9        |       | 3-3-3 |
| 10                | 10       |       | 3-4-3 |
| 11                | 11       |       | 4-3-4 |
| 12                | 12       |       | 4-4-4 |
| 13                | 13       |       | 4-5-4 |
| 14                | 14       |       | 4-6-4 |
| 15                | 15       |       | 5-5-5 |
| 16-20             | 15       | 1-5   | 5-5-5 |

### UNDER 10 MIXED

| AVAILABLE PLAYERS | ON FIELD | BENCH | ZONES |
|-------------------|----------|-------|-------|
| 9                 | 9        |       | 3-3-3 |
| 10                | 10       |       | 3-4-3 |
| 11                | 11       |       | 4-3-4 |
| 12                | 12       |       | 4-4-4 |
| 13                | 13       |       | 4-5-4 |
| 14                | 14       |       | 4-6-4 |
| 15                | 15       |       | 5-5-5 |
| 16                | 16       |       | 5-6-5 |
| 17                | 17       |       | 6-5-6 |
| 18                | 18       |       | 6-6-6 |
| 19-24             | 18       | 1-6   | 6-6-6 |

### UNDER 12 – 14 MIXED & UNDER 16 BOYS

| AVAILABLE PLAYERS | ON FIELD | BENCH | ZONES |
|-------------------|----------|-------|-------|
| 14                | 14       |       | 4-6-4 |
| 15                | 15       |       | 5-5-5 |
| 16                | 16       |       | 5-6-5 |
| 17                | 17       |       | 6-5-6 |
| 18                | 18       |       | 6-6-6 |
| 19-24             | 18       | 1-6   | 6-6-6 |

### UNDER 12 – 16 GIRLS

| AVAILABLE PLAYERS | ON FIELD | BENCH | ZONES |
|-------------------|----------|-------|-------|
| 12                | 12       |       | 4-4-4 |
| 13                | 13       |       | 4-5-4 |
| 14                | 14       |       | 4-6-4 |
| 15                | 15       |       | 5-5-5 |
| 16                | 16       |       | 5-6-5 |
| 17-22             | 16       | 1-6   | 5-6-5 |