

# U16 GIRLS COMPETITION



## GAME DAY FORMAT

**Start Time**  
2:40pm

**Players on Ground**  
Max: 16  
Min: 12

**Match Duration**  
4 x 15 min quarters  
Breaks: 5 - 10 - 5

**Size 4**  
**Leather**  
**Football**

## RULES

### PLAYER ROTATION/BENCH

Every player must play at least 50-75% of the game time. A maximum of 6 players on the bench.

### STARTING POSITIONS

There are 16 players on the field, with 5 in the defensive 50, 5 in the forward 50, 1 player on each wing (2 in total), and 4 midfielders, including a nominated ruck.

### KICKING OFF THE GROUND

Permitted as per Laws of Australian Football.

### TACKLING

Permitted as per Laws of Australian Football.

### CONTACT

Permitted as per Laws of Australian Football.

### OUT OF BOUNDS

As per Laws of Australian Football.

### UMPIRES

The league will endeavour to provide field, boundary and goal umpires for each match; however, teams may need to provide umpires in lieu of this.

### EVENING UP RULE

Where one team cannot field the maximum allowed number of players on field, the following modified rules shall apply.

- If a team does not have 12 of its own registered players
  - A scratch match will be played with the opposing team receiving a win by forfeit (as per by-law 3.6).
- Where a team does not have a full 16 players
  - It must approach the opposing team and request that players be loaned to even up team numbers.
  - This request should be made at least 15 minutes prior to the commencement of the match.
    - If the team requiring players does not make this request, then the opposing team may take the field with two additional players (e.g. team A has 13 players and does not request players be loaned, team B may take the field with 15 players).
  - Where a team has requested players to be loaned and still takes the field with less than 18 players, the opposing team must also take the field with the same number of players.

If a club requiring players does not have sufficient jumpers available, the evening up rule will not apply.

Any goals kicked or best player votes received whilst playing for the opposing team should appear for the player's regular team.

Players on loan can be rotated back each quarter.

Player send-offs or injuries incurred during the game will not result in evening up of players.

Where a team has more players on the field than this rule allows, the team shall be considered to have too many players on the playing field. In such situations, the Manager of Junior Football will deal with this indiscretion as it sees fit.