

# WFNL JUNIOR RULES & REGULATIONS MATRIX

## UNDER 8

	UNDER 8 MIXED	UNDER 8 GIRLS
<b>PLAYERS ON FIELD</b>	12 (MIN 6)	9 (MIN 6)
<b>PLAYERS ON BENCH</b>	4	3
<b>GROUND SIZE</b>	70m x 50m (80m x 60m MAX)	70m x 50m (80m x 60m MAX)
<b>FOOTBALL SIZE</b>	Size 2 Synthetic	Size 2 Synthetic
<b>ZONES</b>	YES	YES
<b>MATCH LENGTH</b>	4 x 10 min	4 x 10 min
<b>QTR BREAKS</b>	3 min, 6 min, 3 min	3 min, 6 min, 3 min
<b>SCORING, LADDERS, AWARDS &amp; FINALS</b>	NO	NO
<b>ENTERING RESULTS, BEST PLAYERS &amp; GOALKICKERS</b>	NO	NO
<b>TACKLING</b>	No Tackling	No Tackling
<b>CONTACT</b>	No Pushing, Bumping, Barging or Shepherding.  No Smothering, Stealing or Knocking the ball from the opponent's hand.	No Pushing, Bumping, Barging or Shepherding.  No Smothering, Stealing or Knocking the ball from the opponent's hand.
<b>BOUNCING THE BALL</b>	1 Bounce Max	1 Bounce Max
<b>KICKING OFF THE GROUND</b>	Not Permitted unless accidental	Not Permitted unless accidental
<b>PLAYER ROTATION</b>	Every player must play a minimum of 50-75% game time.	Every player must play a minimum of 50-75% game time.
<b>MARKING</b>	Any distance, reasonable attempt	Any distance, reasonable attempt
<b>MERCY RULE</b>	YES	YES
<b>EVEN UP</b>	YES	YES
<b>COACHING POSITION</b>	On Ground	On Ground
<b>PENALTIES</b>	15 metres	15 metres
<b>OUT OF BOUNDS</b>	Last disposal Rule across entire ground	Last disposal Rule across entire ground
<b>UMPIRING</b>	Club Appointed Field & Goal Umpires	Club Appointed Field & Goal Umpires

# WFNL JUNIOR RULES & REGULATIONS MATRIX

## UNDER 9

UNDER 9 MIXED	
<b>PLAYERS ON FIELD</b>	15 (MIN 9)
<b>PLAYERS ON BENCH</b>	5
<b>GROUND SIZE</b>	85m x 65m (100m x 80m MAX)
<b>FOOTBALL SIZE</b>	Size 2 Synthetic
<b>ZONES</b>	YES
<b>MATCH LENGTH</b>	4 x 12 min
<b>QTR BREAKS</b>	3 min, 6 min, 3 min
<b>SCORING, LADDERS, AWARDS &amp; FINALS</b>	NO
<b>ENTERING RESULTS, BEST PLAYERS &amp; GOALKICKERS</b>	NO
<b>TACKLING</b>	Modified, Standing Tackle
<b>CONTACT</b>	No Pushing, Bumping, Barging or Shepherding.  No Smothering, Stealing or Knocking the ball from the opponent's hand.
<b>BOUNCING THE BALL</b>	1 Bounce Max
<b>KICKING OFF THE GROUND</b>	Not Permitted unless accidental
<b>PLAYER ROTATION</b>	Every player must play a minimum of 50-75% game time.
<b>MARKING</b>	Any distance shows control
<b>MERCY RULE</b>	YES
<b>EVEN UP</b>	YES
<b>COACHING POSITION</b>	On Ground
<b>PENALTIES</b>	15 metres
<b>OUT OF BOUNDS</b>	Last disposal Rule across entire ground
<b>UMPIRING</b>	Club Appointed Field & Goal Umpires

# WFNL JUNIOR RULES & REGULATIONS MATRIX

## UNDER 10

	UNDER 10 MIXED	UNDER 10 GIRLS
<b>PLAYERS ON FIELD</b>	18 (MIN 9)	12 (MIN 6)
<b>PLAYERS ON BENCH</b>	6	4
<b>GROUND SIZE</b>	FULL SIZE (Clubs Can Agree To Reduce Up To Half Size)	85m x 65m (100m x 80m MAX)
<b>FOOTBALL SIZE</b>	Size 2 Synthetic	Size 2 Synthetic
<b>ZONES</b>	NO	YES
<b>MATCH LENGTH</b>	4 x 12 min	4 x 12 min
<b>QTR BREAKS</b>	5 min, 8 min, 5 min	5 min, 8 min, 5 min
<b>SCORING, LADDERS, AWARDS &amp; FINALS</b>	No Scoreboard, Ladders, Finals or Awards. Only Secret Scoring by Timekeepers	No Scoreboard, Ladders, Finals or Awards. Only Secret Scoring by Timekeepers
<b>ENTERING RESULTS, BEST PLAYERS &amp; GOALKICKERS</b>	Entering Secret Scoring Results Permitted (not made public)	Entering Secret Scoring Results Permitted (not made public)
<b>TACKLING</b>	Modified, Standing Tackle	Modified, Standing Tackle
<b>CONTACT</b>	No Pushing, Bumping, Barging or Shepherding.  No Smothering, Stealing or Knocking the ball from the opponent's hand.	No Pushing, Bumping, Barging or Shepherding.  No Smothering, Stealing or Knocking the ball from the opponent's hand.
<b>BOUNCING THE BALL</b>	1 Bounce Max	1 Bounce Max
<b>KICKING OFF THE GROUND</b>	Not Permitted unless accidental	Not Permitted unless accidental
<b>PLAYER ROTATION</b>	Every player must play a minimum of 50-75% game time.	Every player must play a minimum of 50-75% game time.
<b>MARKING</b>	Any distance shows control	Any distance shows control
<b>MERCY RULE</b>	YES	YES
<b>EVEN UP</b>	YES	YES
<b>COACHING POSITION</b>	On Ground	On Ground
<b>PENALTIES</b>	15 metres	15 metres
<b>OUT OF BOUNDS</b>	Last Disposal Rule across the entire ground	Last Disposal Rule across the entire ground
<b>UMPIRING</b>	Club Appointed Field & Goal Umpires	Club Appointed Field & Goal Umpires

# WFNL JUNIOR RULES & REGULATIONS MATRIX

## UNDER 12

	UNDER 12 MIXED	UNDER 12 GIRLS
<b>PLAYERS ON FIELD</b>	18 (MIN 14)	16 (MIN 12)
<b>BENCH</b>	6	6
<b>GROUND SIZE</b>	Full Size	Full Size
<b>FOOTBALL SIZE</b>	Size 3 Leather	Size 3 Synthetic
<b>ZONES</b>	NO	NO
<b>MATCH LENGTH</b>	4 x 15 min	4 x 15 min
<b>QTR BREAKS</b>	5 min, 10 min, 5 min	5 min, 10 min, 5 min
<b>SCORING, LADDERS, AWARDS &amp; FINALS</b>	YES	YES
<b>ENTERING RESULTS, BEST PLAYERS &amp; GOALKICKERS</b>	YES	YES
<b>TACKLING</b>	Permitted as per Laws of Australian Football	Permitted as per Laws of Australian Football
<b>CONTACT</b>	Permitted as per Laws of Australian Football	Permitted as per Laws of Australian Football
<b>BOUNCING THE BALL</b>	Unlimited	Unlimited
<b>KICKING OFF THE GROUND</b>	Not Permitted unless accidental	Not Permitted unless accidental
<b>PLAYER ROTATION</b>	Every player must play a minimum of 50-75% game time.	Every player must play a minimum of 50-75% game time.
<b>MARKING</b>	15 metres, direct catch	15 metres, shows control
<b>MERCY RULE</b>	YES	YES
<b>EVEN UP</b>	YES	YES
<b>COACHING POSITION</b>	Sideline	Sideline
<b>PENALTIES</b>	15 metres	15 metres
<b>OUT OF BOUNDS</b>	Last Disposal Rule (between 50m arcs) – Ball up in lieu of boundary throw in	Last Disposal Rule (between 50m arcs) – Ball up in lieu of boundary throw in
<b>UMPIRING</b>	2 x Field (League) 2 x Goal (Club)	2 x Field (League) 2 x Goal (Club)

# WFNL JUNIOR RULES & REGULATIONS MATRIX

## UNDER 14

	UNDER 14 MIXED	UNDER 14 GIRLS
<b>PLAYERS ON FIELD</b>	18 (MIN 14)	16 (MIN 12)
<b>BENCH</b>	6	6
<b>GROUND SIZE</b>	Full Size	Full Size
<b>FOOTBALL SIZE</b>	Size 4 Leather	Size 4 Leather
<b>ZONES</b>	NO	NO
<b>MATCH LENGTH</b>	4 x 18 min	4 x 15 min
<b>QTR BREAKS</b>	5 min, 10 min, 5 min	5 min, 10 min, 5 min
<b>SCORING, LADDERS, AWARDS &amp; FINALS</b>	YES	YES
<b>ENTERING RESULTS, BEST PLAYERS &amp; GOALKICKERS</b>	YES	YES
<b>TACKLING</b>	Permitted as per Laws of Australian Football	Permitted as per Laws of Australian Football
<b>CONTACT</b>	Permitted as per Laws of Australian Football	Permitted as per Laws of Australian Football
<b>BOUNCING THE BALL</b>	Unlimited	Unlimited
<b>KICKING OFF THE GROUND</b>	Permitted	Permitted
<b>PLAYER ROTATION</b>	Every player must play a minimum of 50-75% game time.	Every player must play a minimum of 50-75% game time.
<b>MARKING</b>	15 metres, direct catch	15 metres, direct catch
<b>MERCY RULE</b>	NO	NO
<b>EVEN UP</b>	YES	YES
<b>COACHING POSITION</b>	Sideline	Sideline
<b>PENALTIES</b>	15 metres	15 metres
<b>OUT OF BOUNDS</b>	Last Disposal Rule (between 50m arcs) – Ball up instead of boundary throw-in	Last Disposal Rule (between 50m arcs) – Ball up in place of boundary throw-in
<b>UMPIRING</b>	2 x Field (League) 2 x Boundary (Club – to assist with last touch if asked) 2 x Goal (Club)	2 x Field (League) 2 x Boundary (Club – to assist with last touch if asked) 2 x Goal (Club)

# WFNL JUNIOR RULES & REGULATIONS MATRIX

## UNDER 16

	UNDER 16 BOYS	UNDER 16 GIRLS
<b>PLAYERS ON FIELD</b>	18 (MIN 14)	16 (MIN 12)
<b>BENCH</b>	6	6
<b>GROUND SIZE</b>	Full Size	Full Size
<b>FOOTBALL SIZE</b>	Size 5 Leather	Size 4 Leather
<b>ZONES</b>	NO	NO
<b>MATCH LENGTH</b>	4 x 20 min	4 x 15 min
<b>QTR BREAKS</b>	5 min, 10 min, 5 min	5 min, 10 min, 5 min
<b>SCORING, LADDERS, AWARDS &amp; FINALS</b>	YES	YES
<b>ENTERING RESULTS, BEST PLAYERS &amp; GOALKICKERS</b>	YES	YES
<b>TACKLING</b>	Permitted as per Laws of Australian Football	Permitted as per Laws of Australian Football
<b>CONTACT</b>	Permitted as per Laws of Australian Football	Permitted as per Laws of Australian Football
<b>BOUNCING THE BALL</b>	Unlimited	Unlimited
<b>KICKING OFF THE GROUND</b>	Permitted	Permitted
<b>PLAYER ROTATION</b>	Every player must play a minimum of 50-75% game time.	Every player must play a minimum of 50-75% game time.
<b>MARKING</b>	15 metres, direct catch	15 metres, direct catch
<b>MERCY RULE</b>	NO	NO
<b>EVEN UP</b>	YES	YES
<b>COACHING POSITION</b>	Sideline	Sideline
<b>PENALTIES</b>	50 metres	25 metres
<b>OUT OF BOUNDS</b>	Last disposal Rule As per Laws of Australian Football	Last disposal Rule As per Laws of Australian Football
<b>UMPIRING</b>	2 x Field (League) 2 x Boundary (League) 2 x Goal (League)	2 x Field (League) 2 x Boundary (League) 2 x Goal (League)

# WFNL JUNIOR RULES & REGULATIONS MATRIX

## ZONES & STARTING POSITIONS

### UNDER 8 GIRLS

AVAILABLE PLAYERS	ON FIELD	BENCH	ZONES
6	6		2-2-2
7	7		2-3-2
8	8		2-4-2
9	9		3-3-3
10-12	9	1-3	3-3-3

### UNDER 8 MIXED + UNDER 10 GIRLS

AVAILABLE PLAYERS	ON FIELD	BENCH	ZONES
6	6		2-2-2
7	7		2-3-2
8	8		2-4-2
9	9		3-3-3
10	10		3-4-3
11	11		4-3-4
12	12		4-4-4
13-16	12	1-4	4-4-4

### UNDER 9 MIXED

AVAILABLE PLAYERS	ON FIELD	BENCH	ZONES
9	9		3-3-3
10	10		3-4-3
11	11		4-3-4
12	12		4-4-4
13	13		4-5-4
14	14		4-6-4
15	15		5-5-5

<b>16-20</b>	<b>15</b>	<b>1-5</b>	<b>5-5-5</b>
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**UNDER 10 MIXED**

<b>AVAILABLE PLAYERS</b>	<b>ON FIELD</b>	<b>BENCH</b>	<b>ZONES</b>
<b>9</b>	<b>9</b>		<b>3-3-3</b>
<b>10</b>	<b>10</b>		<b>3-4-3</b>
<b>11</b>	<b>11</b>		<b>4-3-4</b>
<b>12</b>	<b>12</b>		<b>4-4-4</b>
<b>13</b>	<b>13</b>		<b>4-5-4</b>
<b>14</b>	<b>14</b>		<b>4-6-4</b>
<b>15</b>	<b>15</b>		<b>5-5-5</b>
<b>16</b>	<b>16</b>		<b>5-6-5</b>
<b>17</b>	<b>17</b>		<b>6-5-6</b>
<b>18</b>	<b>18</b>		<b>6-6-6</b>
<b>19-24</b>	<b>18</b>	<b>1-6</b>	<b>6-6-6</b>

**UNDER 12 – 14 MIXED & UNDER 16 BOYS**

<b>AVAILABLE PLAYERS</b>	<b>ON FIELD</b>	<b>BENCH</b>	<b>ZONES</b>
<b>14</b>	<b>14</b>		<b>4-6-4</b>
<b>15</b>	<b>15</b>		<b>5-5-5</b>
<b>16</b>	<b>16</b>		<b>5-6-5</b>
<b>17</b>	<b>17</b>		<b>6-5-6</b>
<b>18</b>	<b>18</b>		<b>6-6-6</b>
<b>19-24</b>	<b>18</b>	<b>1-6</b>	<b>6-6-6</b>

**UNDER 12 – 16 GIRLS**

<b>AVAILABLE PLAYERS</b>	<b>ON FIELD</b>	<b>BENCH</b>	<b>ZONES</b>
<b>12</b>	<b>12</b>		<b>4-4-4</b>
<b>13</b>	<b>13</b>		<b>4-5-4</b>
<b>14</b>	<b>14</b>		<b>4-6-4</b>
<b>15</b>	<b>15</b>		<b>5-5-5</b>
<b>16</b>	<b>16</b>		<b>5-6-5</b>
<b>17-22</b>	<b>16</b>	<b>1-6</b>	<b>5-6-5</b>